

BEAUTY WITHOUT SACRIFICE

By
DR. NARGIZ SCHMIDT
SMILE IN THE CITY
NEW YORK, NEW YORK

Prosthodontist

Dr. Nargiz Schmidt specializes in reconstructive, aesthetic and implant dentistry. She believes that beauty and function go hand in hand. "It's as important to me to focus on function as it is to craft beautiful smiles," says Dr. Schmidt. Her conservative approach is represented in her favorite saying, "I respect the tooth enamel!" She travels all over the world as an award-winning lecturer on the topic of noninvasive dental aesthetics. Through teaching international dentists her aesthetic techniques, Dr. Schmidt aims to revolutionize the standard for minimally invasive aesthetic dentistry. Along with her drive and dedication, she is committed to providing her patients with personalized and gentle care.

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I respect tooth enamel and the individuality of your smile.

WHO I AM

1.

WHAT SETS MY PRACTICE APART

We pride ourselves on our ability to help a patient discover their best self using state-of-the-art, cutting-edge procedures that remove less tooth enamel and structure, achieving a more functional, beautiful smile

2.

THE BIGGEST MISCONCEPTION ABOUT MY FIELD

I've never agreed with the statement that beauty requires sacrifice. I've spent years looking for a solution to enhance smiles while preserving natural tooth structure. I have developed conservative techniques that allow my patients to experience the utmost comfort during their dental procedures while achieving positive results

3.

MY BIGGEST ACCOMPLISHMENTS

Through years of continuing education, research and clinical experience, I have mastered conservative and noninvasive techniques to address each patient's desires and enhance the beauty of their natural smiles

4.

MY ULTIMATE ADVICE FOR A STUNNING SMILE

Brush after every meal and every cup of coffee or glass of wine. But more importantly, smile often! To quote Phyllis Diller: "A smile is a curve that sets everything straight."

5.

HOW DO YOU EASE PATIENT FEARS?

My practice caters to those with dental anxiety. We offer pretreatment conditioning by using aromatherapy, relaxing music and medication. We allow our patients to maintain control during treatments and fully explain all elements of the procedure so that they are completely comfortable. Our practice also offers sedation dentistry and I actually co-authored a book on the subject entitled *The Fearless Smile: Overcoming Dental Phobia*

6.

THE FUTURE OF MY FIELD

Noninvasive and minimally invasive techniques and digital technology



A Bright, New Smile

Unhappy with her old, dark crowns and wanting a brighter smile, this 46-year-old patient sought Dr. Schmidt for a full smile makeover with minimally invasive porcelain veneers and crowns.

PHOTOGRAPH BY: VITAL AGIBALOW



MY PHILOSOPHY

Use minimally invasive techniques to set the standard for providing amazing aesthetics

MY MOTTO

A properly crafted smile can transform every aspect of a person's life

ABOUT DR. SCHMIDT

Dr. Schmidt received her certification as a prosthodontist following the completion of New York University's advanced education program in prosthodontics. A true expert in her field, she is a renowned speaker on the topics of Lumineers and aesthetic dentistry.



MY CREDENTIALS

Doctor of Dental Surgery
SUNY at Stony Brook
School of Dental Medicine

CONNECT

Visit the doctor's gallery of **before-and-after** photos at: newbeauty.com/schmidt

Location

New York, New York

Phone

212.684.2900

smileinthecity.com



A FEW OF MY SPECIALTIES...

- Lumineers®
- Veneers
- Full-Mouth Reconstruction
- Smile Makeovers
- Invisalign®
- Teeth Whitening
- Dental Implant Restoration
- Ceramic Crowns
- Conscious Sedation
- Gum Contouring / Grafting
- Laser Dentistry
- Nonmetal Dentistry
- Prosthodontics
- Cosmetic Dentures